

# St Benedict's Catholic Primary School Newsletter

"As unique individuals, we do our best at work and play for the love of God and others."



## Monday is the last day to return Christmas cards.

On Wednesday, Barney and Jacqui came to talk to the children about Hope Central and the fantastic work they do. The children now understand what happens to the food they donate and the many other services Hope Central offer.

If you need help with life skills, debt management, managing money or you're struggling to buy food, please speak to Mrs McGuire or Mrs McBride and we can put you in contact with Hope Central. For more information please look on their website:

<https://hopecentral.org.uk/>

If you are in a position to donate food items, you can drop them off at school because we will have food donation point and we will make sure Hope Central receive the donations. Their app 'Bank the food' tell you which foods they are short of.

From 25<sup>th</sup> September there will be roadworks on Wilmslow Road which may impact journeys to school. Please ensure you leave enough time to get to school on time.

Children who are in Year 3 or above will be invited to make their First Forgiveness and First Holy Communion in the Summer term. More information will be in the newsletter at the beginning of November.

Your child does need to have been baptised and we will need to see their baptismal certificate. We are letting you know now in case you wish to get your child baptised before then or you need to get a copy of your child's baptismal certificate.

The First Holy Communion will be on the morning of Saturday June 8<sup>th</sup> – times will be confirmed when we know how many children will take part.

**On Saturday 30<sup>th</sup> at 2pm, the choir and Mini Vinnies have been asked to help at the SVP mass. Please keep the date free. Mrs McBride will send more details by email.**

## ICON Week 2023: Raising awareness of infant crying and how to cope.

“Babies cry, you can cope!” is the message from NHS, local authorities, and healthcare organisations across the country who have come together this September to promote lifesaving messages to parents.

Research shows that some parents and caregivers can lose control when a baby’s crying becomes too much. Some go on to shake a baby with devastating consequences.

Abusive Head Trauma (AHT) causes catastrophic brain injuries, which can lead to death, or significant long-term health and learning disabilities.

ICON is a programme adopted by health and social care organisations in the UK to provide information about infant crying, including how to cope, support parents/carers, reduce stress and prevent abusive head trauma in babies.

- I Infant crying is normal and it will stop
- C Comport methods can sometimes soothe the baby and the crying will stop
- O It’s OK to walk away for a few minutes if you have checked the baby is safe and the crying is getting to you
- N Never ever shake or hurt a baby

Most babies start to cry more frequently from two weeks of age, with a peak usually being seen around 6-8 weeks. Organisations coming together from 25 September – 29 September, aim to spread the messages to help normalise infant crying and share coping techniques to help parents to deal with the stress it can cause.

Nurse, health visitor and founder of ICON, Dr Suzanne Smith, said: “Abusive head trauma can occur in any environment when a parent or carer is on the edge due to infant crying.

“The pressure that families are under is only being exacerbated by added pressures of the cost-of-living increase and the impact can be far-reaching and have devastating consequences.

“ICON is about sharing messages of support and advice to parents and carers who might be struggling to cope. We want to normalise the fact that babies do cry and some aren’t easily soothed and we want to share information far and wide about what to do in these situations and how to stay calm.

“Anyone who needs help and is struggling to cope, don’t continue to struggle. Help is available from your midwife, health visitor, GP or go online and there are more resources on our ICON website.”

For more information visit [www.iconcope.org/iconweek2023](http://www.iconcope.org/iconweek2023).

## CLASS INFORMATION

### Reception

Please can children practise dressing and undressing independently.  
Continue practising letter formation using the sheet.

**Please can the children bring in a picture of their family which we can copy and display.**

**Year 1** Work to be completed is the homework bags. Please read the e-books too. Well done to everyone for another fantastic week. Thank you for the homework effort – almost everyone completed the work! Well done!

Year 2. Please complete homework sheets by Wednesday and record in your child's diary when they read with you. Ebooks have been assigned with the password: Reading1

### Year 3

Maths: 22 & 23 English 88&89 (to be in by Wednesday)

Please bring in a photo of your child's baptism.

Please give consent and pay for the school trip to Tatton Park on School Gateway app – trip is on the 5<sup>th</sup> October. If your child has a Free School Meal, please inform the office if your child would like a ham, cheese or tuna sandwich.

admin@stbenedicts.cheshire.sch.uk

Year 4 Homework: English pages 8&9 Maths pages 8 &9 Please hand homework in before Friday. Spellings on spelling shed.

We need lots of things for Science – empty toilet /kitchen rolls, plastic bottles with lids, tissue boxes, pringles tubes with lids, bubble wrap and jam jars

Year 5 Writing numbers as words worksheet

English – 38 & 39 Maths – 16 & 17

Spellings on spelling shed. Please bring spare shoes for the field and PE kits.

### Year 6

4<sup>th</sup> October – Year 6 will hold a class assembly for parents (and family members) at 9am for around 15 minutes

Homework: English pages 90 &91

Maths pages 18 & 19

Spellings on spelling shed. Please bring spare shoes for the field and PE kits.

**Please choose 3 high schools and make your application on the Cheshire East website before 31<sup>st</sup> October (see last week's newsletter)**

### Orchard

Complete the 'greater than/less than' worksheet which has been sent home.

## Catholic life

Click [here](#) for the parish newsletter.

Please click [here](#) for the Wednesday word edition



Those people who consider themselves the most important in the Kingdom of God because of their good deeds will be surprised - this is not how God's grace works.

People who come to Christianity later in their lives will still be given the same reward (entry into the Kingdom of Heaven) as those who have been faithful all their lives.

Saint Benedict, Pray for us  
Saint Benedict, Pray for them

**St Benedict's Church : on the first, second and fourth Sunday of each month there is a children's liturgy at St Benedict's and all children are welcome. On the first and third Sunday of each month, there is a coffee morning for all parishoners.**

### Local churches:

#### St Benedict's Handforth:

Tuesday to Friday 930am Sunday 10am and 530pm

Website: <https://stbenedictshandforth.wixsite.com/mysite>

#### St Teresa's Wilmslow:

Mass times: **Monday to Friday at 10.00 am, Saturdays at 6.30 pm (Vigil Mass), Sundays at 9.00 am & 10.30 am**

Website: <http://www.stteresawilmslow.org/mass-times>

#### St Pius X Alderley:

Saturday 6.30pm and Sunday 8.30 and 10am

Website: <https://stpiousalderley.com/>

If you have concerns about a child who attends our school and would like to raise a **safeguarding concern** – you can email [headteacher@stbenedicts.cheshire.sch.uk](mailto:headteacher@stbenedicts.cheshire.sch.uk) . If you have concerns about a child who does not attend our school you will find information here:

<https://www.cheshireeast.gov.uk/livewell/care-and-support-for-children/are-you-concerned-about-a-child/cheshire-east-consultation-service-cheecs/cheecs.aspx> or can call Cheshire East Safeguarding team on **0300 123 5012**

**There is information on our website about help for a range of issues including domestic abuse. Please ask if you need some confidential advice.**

**Attendance:** Holidays in term-time of **5 days or more**, will be referred for a fixed penalty notice from the Local Authority. If parents do not call or email school to explain why their child is absent, it will be recorded as unauthorised. 5 unauthorised days will also be referred for a fixed penalty notice. In addition, staff will have to make a house call to ensure the well-being of the pupil. Please call or email to inform us. You can see the full policy here:

[https://www.stbenedicts.cheshire.sch.uk/serve\\_file/10554763%20](https://www.stbenedicts.cheshire.sch.uk/serve_file/10554763%20)

[Please contact the school office if your child is absent. I do not always see my emails in time.](#)

**If you, your child, or another family member needs urgent mental health care, you can contact the Crisis helpline**

Please call 0800 145 6485 and the dedicated local staff will support you to access the help you need. The phone line is open 24 hours a day, seven days a week and is open to people of all ages – including children and young people.

**Other notices:**

**If you are a victim of domestic abuse you can find support [here](#)**