



## RSHE 7 Year Curriculum Map

	Autumn 1	Autumn 2	Spring: 1	Spring 2	Summer 1	Summer 2
Reception	<p><u>Religious Understanding</u></p> <ul style="list-style-type: none"> <li>Handmade with Love</li> </ul> <p><u>Me my body, my health</u></p> <p><u>I am me</u></p> <ul style="list-style-type: none"> <li>Heads, Shoulders, Knee and Toes</li> </ul> <p><u>Ready Teddy?</u></p>	<p><u>Emotional Wellbeing</u></p> <ul style="list-style-type: none"> <li>I like, you like, we all like!</li> <li>Good Feelings, Bad Feelings</li> <li>Let's Get Real</li> </ul> <p><u>Life Cycles</u></p> <ul style="list-style-type: none"> <li>Growing Up</li> <li>New People, New Places</li> <li>Classroom Shorts</li> </ul>	<p><u>Religious Understanding</u></p> <ul style="list-style-type: none"> <li>Role Models</li> </ul> <p><u>Personal Relationships</u></p> <ul style="list-style-type: none"> <li>Who's Who</li> <li>You've Got a Friend in Me</li> <li>Forever Friends</li> </ul> <p><u>Life Online</u></p> <ul style="list-style-type: none"> <li>What is the internet</li> <li>Playing Online</li> </ul>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>Safe Inside and Out</li> <li>My Body, My Rules</li> <li>Feeling Poorly</li> <li>People Who Help Us</li> </ul>	<p><u>Religious Understanding</u></p> <ul style="list-style-type: none"> <li>God is Love</li> <li>Loving God, Loving Others</li> </ul>	<p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> <li>Me, You, Us</li> </ul> <p><u>People Who Help Us</u></p> <ul style="list-style-type: none"> <li>When I Grow Up...</li> <li>Money Doesn't Grow on Trees</li> <li>Classroom Shorts</li> </ul>
Year 1	<p><u>Religious Understanding</u></p> <ul style="list-style-type: none"> <li>Let The Children Come</li> </ul> <p><u>Me my body, my health</u></p> <ul style="list-style-type: none"> <li>I am unique</li> </ul>	<p><u>Girls and boys</u></p> <ul style="list-style-type: none"> <li>Clean and Healthy</li> </ul> <p><u>Life Cycles</u></p> <ul style="list-style-type: none"> <li>The Cycle of Life</li> </ul>	<p><u>Religious Understanding</u></p> <ul style="list-style-type: none"> <li>God Loves you</li> </ul> <p><u>Life Online</u></p> <ul style="list-style-type: none"> <li>Real Life Online</li> <li>Rules To Help Us</li> </ul>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>Good Secrets and Bad Secrets</li> </ul> <p><u>Religious Understanding</u></p> <ul style="list-style-type: none"> <li>Three in One</li> <li>Who Is My Neighbour?</li> </ul>	<p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> <li>The Communities We Live In</li> <li>Classroom Shorts</li> </ul>	<p><u>End of Key Stage Discussion/ Questions</u></p>
Year 2	<p><u>Emotional Wellbeing</u></p> <ul style="list-style-type: none"> <li>Feelings likes and dislikes</li> <li>Feeling Inside Out</li> <li>Super Susie gets Angry</li> </ul>	<p><u>Life Cycles</u></p> <ul style="list-style-type: none"> <li>Beginnings and Endings *Death and Grief</li> <li>Change is All Around</li> <li>Classroom Shorts</li> </ul> <p><u>Living in the Wider World</u></p>	<p><u>Personal Relationships</u></p> <ul style="list-style-type: none"> <li>Special People</li> <li>Treat Others Well</li> <li>And Say Sorry</li> </ul>	<p><u>Keeping Safe</u></p> <ul style="list-style-type: none"> <li>Physical Contact</li> <li>Harmful Substances</li> <li>Can you help me?</li> </ul>	<p><u>Living in the Wider World</u></p> <ul style="list-style-type: none"> <li>Who Will I Be?</li> <li>Needs and Wants – Classroom Shorts</li> </ul>	<p><u>End of Key Stage Discussion/ Questions</u></p>

**“As unique individuals, we do our best at work and play for the love of God and others.”**



		<ul style="list-style-type: none"> <li>Needs and Wants</li> </ul>				
Year 3	<u>Religious Understanding</u> <ul style="list-style-type: none"> <li>Get Up</li> <li>The Sacraments</li> </ul> <u>Me, My Body, My Health</u> <ul style="list-style-type: none"> <li>We don't have to be the same</li> <li>Respecting Our Bodies</li> </ul>	<u>Emotional Wellbeing</u> <ul style="list-style-type: none"> <li>What am I feeling?</li> <li>What am I looking at?</li> <li>I am thankful.</li> </ul>	<u>Religious Understanding</u> <ul style="list-style-type: none"> <li>Jesus, My Friend</li> </ul> <u>Life Cycles</u> <ul style="list-style-type: none"> <li>Big Changes, Little Changes</li> </ul>	<u>Keeping Safe</u> <ul style="list-style-type: none"> <li>Sharing Online</li> <li>Chatting Online</li> </ul>	<u>Religious Understanding</u> <ul style="list-style-type: none"> <li>A community of Love</li> </ul> <u>Life Online</u> <ul style="list-style-type: none"> <li>Classroom Shorts</li> </ul>	<u>Religious Understanding</u> <ul style="list-style-type: none"> <li>What Is the Church?</li> </ul> <u>Living in the Wider World</u> <ul style="list-style-type: none"> <li>Working Together</li> <li>Classroom Shorts</li> </ul>
Year 4	<u>Me my body my health</u> <ul style="list-style-type: none"> <li>What is puberty?</li> <li>Changing Bodies</li> <li>Discussion groups – optional</li> </ul>	<u>Life Cycles</u> <ul style="list-style-type: none"> <li>A Time For Everything</li> </ul>	<u>Personal Relationships</u> <ul style="list-style-type: none"> <li>Friends Family and Others</li> <li>When things feel bad</li> </ul>	<u>Keeping Safe</u> <ul style="list-style-type: none"> <li>Safe in my body</li> <li>Drugs, alcohol, and tobacco</li> <li>First Aid Heroes</li> </ul>	<u>Living in the Wider World</u> <ul style="list-style-type: none"> <li>How do I love Others?</li> </ul> <u>Keeping Safe</u> <ul style="list-style-type: none"> <li>Rights and Responsibilities</li> <li>Classroom Shorts</li> </ul>	<u>Living in the Wider World</u> <ul style="list-style-type: none"> <li>Money Matters</li> <li>Classroom Shorts</li> </ul>
Year 5	<u>Religious Understanding</u> <ul style="list-style-type: none"> <li>Calming the Storm</li> </ul> <u>Emotional Wellbeing</u> <ul style="list-style-type: none"> <li>Body Image</li> <li>Peculiar Feelings</li> </ul>	<u>Emotional Wellbeing</u> <ul style="list-style-type: none"> <li>Emotional Changes</li> </ul> <u>Life Cycles</u> <ul style="list-style-type: none"> <li>Menstruation</li> </ul>	<u>Religious Understanding</u> <ul style="list-style-type: none"> <li>God Is Calling You?</li> </ul>	<u>Keeping Safe</u> <ul style="list-style-type: none"> <li>Sharing Isn't Always Caring</li> <li>Cyberbullying</li> <li>Classroom Shorts</li> </ul>	<u>Religious Understanding</u> <ul style="list-style-type: none"> <li>The Holy Trinity</li> </ul> <u>Living in the Wider World</u> <ul style="list-style-type: none"> <li>The World of Work</li> <li>Classroom Shorts</li> </ul>	<u>Catholic Social Teaching</u>
Year 6	<u>Me, My Body, My Health</u> <ul style="list-style-type: none"> <li>Gifts and Talents</li> <li>Girls bodies</li> <li>Boys bodies</li> <li>Spots and Sleep</li> </ul>	<u>Emotional Wellbeing</u> <ul style="list-style-type: none"> <li>Seeing Stuff Online</li> </ul> <u>Life Cycles</u> <ul style="list-style-type: none"> <li>Making Babies Part 1</li> <li>Making Babies Part 2</li> <li>Hope Beyond Death</li> <li>Coping with Change</li> <li>Classroom Shorts</li> </ul>	<u>Personal Relationships</u> <ul style="list-style-type: none"> <li>Under Pressure</li> <li>Do you want a piece of Cake?</li> <li>Self -Talk</li> <li>Build Others Up</li> <li>Classroom Shorts</li> </ul>	<u>Keeping Safe</u> <ul style="list-style-type: none"> <li>Types of Abuse</li> <li>Classroom Shorts</li> <li>Impacted Life Styles</li> <li>Classroom Shorts</li> </ul>	<u>Keeping Safe</u> <ul style="list-style-type: none"> <li>Making Good Choices</li> <li>Giving Assistance</li> </ul>	<u>Living in The Wider World</u> <ul style="list-style-type: none"> <li>Reaching Out</li> <li>Money and Me</li> <li>Classroom Shorts</li> </ul>